

Maple Ice Cream

A simple recipe for a creamy maple syrup ice cream.

Work: 15 min | **Tags:** ice cream, vegan, vegetarian | **Servings:** 1 × pint

1 Mix Dry Ingredients

Amount	Name	Note
20 g	Dextrose	
10 g	Inulin	
1 g	Xanthan	

Mix in a bowl.

2 Add Wet Ingredients

Amount	Name	Note
250 g	Plant Milk	choose to your taste, calculations based on 3.5 %fat content
100 g	Plant Cream	choose to your taste, calculations based on 30 %fat content
160 g	Maple Syrup	

- While mixing with a whisk, slowly add the milk and cream.
- Add the syrup.

